



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 Exercise 1 10:15 Lori Owens 1:30 Canada Day Social 2:30 New Word Search <small>Canada Day</small>	9:30 Chair Pilates 2 10:00 Bingo! 1:30 Color Theory Class 2:30 Creative Writing and Stories	9:30 Exercise 3 10:00 Bingo! 1:00 Celebration Bookmarks 2:30 Spin the Bottle Social with Italian sodas and snacks	9:30 Exercise 4 10:00 Bingo with Mia! 10:00 Outing – Fred Meyers 11:30 4 <sup>th</sup> of July BBQ 2:00 Movie & Popcorn - Gigi <small>Independence Day (US)</small>	9:30 Exercise 5 10:00 Olympic Bingo! 1:30 Let's Paint! 2:30 Soda Floats 3:00 Happy Hour	9:30 Exercise 6 10:00 Bingo! 1:30 Tabletop Bowling 2:30 Dice Tournament	
9:30 Exercise 7 10:00 Bingo! 1:30 Bean Bag Toss 2:30 Guess the Word	9:30 Exercise 8 10:00 Bingo! 1:30 Junk Drawer Detective Contest 2:30 Spin the Bottle	9:00 Yoga Class 9 10:00 Bingo with Mia! 1:30 Chef's Chat 2:00 Fiddle-N-Fun 3:30 Magic Painting	9:30 Exercise 10 10:00 Bingo! 1:30 Resident Council 2:30 Plant Talk with Rayne	9:30 Exercise 11 10:00 Bingo with Mia! 10:00 Outing – Hobby Lobby 2:00 Movie & Popcorn - UP	9:30 Exercise 12 10:00 Musical Bingo 1:30 Meet with Jamie 2:30 Otter Pops on the Patio 3:00 Happy Hour	9:30 Exercise 13 10:00 Bingo! 1:30 Tabletop Bowling 2:30 Show & Tell	
9:30 Exercise 14 10:00 Bingo! 1:30 Bean Bag Toss 2:30 Chips & Dip	9:30 Exercise 15 10:00 Bingo! 1:30 Ice Cream Sandwiches 2:30 Scattergories	9:00 Yoga Class 16 10:00 Bingo with Mia! 1:30 Jeff Jones 2:30 Color Theory Class	9:30 Exercise 17 10:00 Bingo! 1:30 Meet w/ Director 2:30 Dice with Director	9:30 Exercise 18 10:00 Bingo with Mia! 10:00 Outing – Trader Joes 2:00 Movie & Popcorn - Annie	9:30 Exercise 19 10:00 Trivia Bingo! 1:30 Chalk Art! 2:30 Soda Floats 3:00 Happy Hour	9:30 Exercise 20 10:00 Bingo! 1:30 Tabletop Bowling 2:30 Lemonade Social	
9:30 Exercise 21 10:00 Bingo Tournament 1:30 Bean Bag Toss 2:30 Manicures with Diana	9:30 Exercise 22 10:00 Bingo! 1:30 Tattoos 2:30 Dice	9:30 Exercise 23 10:00 Outing – Value Village 1:30 Color Theory Class 2:30 Creative Writing and Stories	9:30 Exercise 24 10:00 Bingo! 1:30 Canasta 1:30 Game Corner	9:30 Exercise 25 10:00 Bingo with Mia! 10:00 Outing – Dollar Tree 2:00 Movie & Popcorn – Butch Cassidy and the Sundance Kid	9:30 Exercise 26 10:00 Musical Bingo! 1:30 New Diamond Paintings 2:30 Otter Pops! 3:00 Happy Hour	9:30 Exercise 27 10:00 Bingo! 1:30 Tabletop Bowling 2:30 Smores at the back patio	
9:30 Exercise 28 10:00 Bingo! 1:30 Bean Bag Toss Tournament 2:30 Facials	9:30 Exercise 29 10:00 Bingo! 1:30 Spot the Differences 2:30 Spin the Bottle	9:00 Yoga Class 30 10:00 Bingo with Mia! 1:30 Birthday Party Social 3:00 Game Corner	9:30 Exercise 31 10:00 Bingo! 1:30 Yahtzee 2:30 Game Corner	 <p><b>JULY 2024</b> Woodland Heights Assisted Living</p>			